

# *W.J. Mouat* *Community Recreation*



WJ MOUAT SECONDARY SCHOOL 32355 MOUAT DRIVE ABBOTSFORD, B.C.  
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**The  
adventure  
begins  
here.**

September 7, 2011

Dear Comm Rec Parents,

Greetings! Well, this semester will include one of the most exciting educational experiences your son/daughter has had to date. The Community Recreation vision is to use outdoor adventure activities to motivate students to become healthy, active adults. As part of this class, your son/daughter will be hiking, camping, river rafting, snowboarding, and rock climbing. In addition, they will learn how to prepare and train for these activities. It's pretty adventurous stuff!

This is a course that teaches students how to be responsible adventurers. Our number one priority is always to bring everyone home safe and (sore muscles aside) sound, and we have an unblemished track record in this area. Please have a chat with your child about the importance of being aware of their actions and the impact they have on others. We need to keep ourselves and the people around us safe.

During our adventure outings, more and more leadership/supervision duties are being taken up by outdoor leadership students from Columbia Bible College. During our partnership, I have found these men and women to be skilled and highly trained young professionals whose assistance has proven invaluable. Please know that you also are both welcome and needed on our trips as a leader/supervisor. Depending on the trip, we should be able to waive part or all of your fees.

Attached are a series of waiver/permission forms that are standard paperwork for this course. I need to have the forms turned in as soon as possible so that we can begin our full program of studies. You will notice that waivers for all trips for the semester are part of the package. These are required whether your child intends to do these activities or not. Additional permission forms will accompany each outing. Your prompt attention to this matter would be most appreciated.

Please feel free to contact me at 604-853-7191 (4154), or via e-mail at [Mark\\_Loewen@sd34.bc.ca](mailto:Mark_Loewen@sd34.bc.ca) with any questions or concerns.

See you out there,

A handwritten signature in black ink, appearing to read 'Mark Loewen', written in a cursive style.

Mark Loewen

# Adventure Outings 2011-12

(Reference: Policy/Procedure 6:30)

## FIELD TRIP CONSENT AND WAIVER FORM FOR PARTICIPATION IN A HIGH RISK ACTIVITY

SCHOOL: WJ Mouat Secondary School

(\*Parents, please initial you have read each paragraph in the space provided)

Dear Parent/Guardian:

In consideration of School District No. 34 offering my child, \_\_\_\_\_  
(name)

an opportunity to participate in **various field trips** during the 2011-12 school year as part of the Community Recreation Program, I waive any and all claims I may have against, and release all liability and agree not to sue the Board of School Trustees of School District No. 34 (Abbotsford) and its officers, employees, agents, volunteers and representatives, and the Ministry of Education for any personal injury, death, property damage or loss sustained as a result of my child's participation in the field trips, arising out of any cause whatsoever.

\_\_\_\_\_ Initial\*

I understand that this form exists to demonstrate my understanding of the nature and risks of each of the trips, and the suitability of said trip for my child. I understand that a **separate permission form** with dates and logistical information will be issued for me to give my consent, and acknowledge by my signature that my child has my permission to attend a particular trip.

\_\_\_\_\_ Initial\*

I understand that students will be travelling by school bus, charter bus, or resort shuttle unless noted otherwise on a particular trip permission form.

\_\_\_\_\_ Initial\*

### Description of Field Trips and Relevant Information:

#### **Adventure Sports (Grade 9-12/X)**

Students will be participating in a series of trail running, orienteering and paintball games, supervised and directed by Mr. Loewen and the staff at Sniperz paintball. Students will be issued a plastic visor and will be required to keep the mask in place at all times while on the paintball field. Sniperz staff will review rules for safe use of the paintball field and equipment. Failure to abide by these rules will result in a forfeiture of playing rights without refund.

\_\_\_\_\_ Initial\*

#### **River Trip (Grade 9-12/X)**

Students will leave the school each day at 3:00pm. That night will be a 2 hour caving experience at the Chipmunk Caves or flat water kayak training, followed by acamp-out at the resort. The next morning, students will participate in a professionally guided trip down the Chilliwack River in inflatable river rafts or kayaks, depending on what each student has signed up for. Students will return to the school at 3:00pm. As with all outdoor activities, return time will vary depending on the situations that arise while on the river.

\_\_\_\_\_ Initial\*

#### **Indoor Climbing (Grade 9-12/X)**

Students will be participating in a series of top rope rock climbing experiences. Students will be using full safety gear including ropes, harnesses. All anchors will be bolted. Belaying to be done by Flashpoint employees or auto-belay machines.

\_\_\_\_\_ Initial\*

**Outdoor Climbing (Grade 11/12/X)**

Students will be participating in a series of top rope rock climbing and rappelling experiences. Students will be using full safety gear including ropes, harnesses, helmets. All anchors will be bolted. Students may learn the basics of belaying each other under close supervision.

\_\_\_\_\_ Initial\*

**Snow Trips (Grade 9-12/X)**

Students will be participating in a skiing/snowboarding activity from basic to advanced dependent on student ability. Students are to stay on skills-appropriate runs during the day. All students who have skied/snowboarded five or fewer times are required to take a mandatory lesson by resort staff. Students are not to use the terrain park except with a helmet on between 1:00-2:30pm when it will be supervised.

\_\_\_\_\_ Initial\*

**Sumas Mt Dayhike (Grade 9/X)**

Students will participate in a dayhike along the Centennial Trail from Batt Rd to the peak.

\_\_\_\_\_ Initial\*

**Lindeman Lake Backpacking Trip (Grade 10/X)**

Students will be participating in an adventure outing that will include an overnight backpacking trip to the Lindeman Lake area near Chilliwack Lake Provincial Park.

\_\_\_\_\_ Initial\*

**Black Tusk Backpacking Trip (Grade 11/12/X)**

Students will be participating in an adventure outing that will include a backpacking trip to the peak of Black Tusk, and a two night campout at Garibaldi Lake. All activities will take place at Garibaldi Provincial Park in the Black Tusk area.

\_\_\_\_\_ Initial\*

**Stein Valley Backpacking Trip (Grade 11/12/X)**

Students will be participating in an adventure outing that will include a backpacking trip along the Lower Stein Valley Trail. Camping to take place in developed backcountry campgrounds. A full description of the park and trail can be found at <http://www.env.gov.bc.ca/bcparks/explore/parkpgs/steinvly.html>

\_\_\_\_\_ Initial\*

**Terra Nostra (Grade 10-12/X)**

Students will be travelling to Kleena Kleene to participate in horseback riding, flat water canoeing and kayaking, hiking, and mt biking activities.

\_\_\_\_\_ Initial\*

**Supervision:**

Supervision will be provided by Mr. Loewen, other leaders, and resort staff (where appropriate) according to the ratio of one adult supervisor per 10 students, as per district policy. Due to the nature of these activities, students will not necessarily be directly supervised by an adult at all times during the day.

\_\_\_\_\_ Initial\*

**Illness, Allergies, etc.:**

My child has no illnesses, allergies or disabilities that may require special attention, except as Described here: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ Initial\*

**Risks/Danger:**

I am aware of the usual risks and dangers inherent in participation in all of the activities associated with these trips, and of the possibility of personal injury, death, property damage or loss resulting from the activities. The dangers and risks may include, but are not limited to:

1. Poor weather conditions.
2. Injury from close range paintball release.
3. Equipment breakages/failures
4. Rugged terrain.
5. Delayed rescue, accessibility.
6. River hazards (logs/rocks/holes, etc.)
7. Possible injury.
8. Falling Rock
9. Belayer error.
10. Icy weather conditions on roads and mountain
11. Rugged terrain, out of bounds areas, rock fall and avalanches
12. Rugged terrain, rough trails, powerful mountain rivers.
13. Other risks inherent in hiking/backpacking/camping/skiing/snowboarding/outdoor activities.

\_\_\_\_\_ Initial\*

**Clothing/Equipment:**

I will supply suitable equipment and clothing for my child's participation in all activities associated with these field trips, including: outdoor play clothes, weather appropriate gear, sturdy shoes. I understand that a planning guide for each of the overnight activities will be sent home to help prepare my child for his/her trip.

I am aware that I should contact the school for further information if I am unaware what clothing and equipment is required for the activities or possible weather conditions of this field trip. My child and I understand that it is our responsibility to ensure my child has all necessary equipment and clothing.

\_\_\_\_\_ Initial\*

**School Code of Conduct:**

My child and I understand that the school's Code of Conduct applies during this field trip. I will be responsible for any costs caused by my child's failure to abide by the Code of Conduct, including any costs to send my child home.

\_\_\_\_\_ Initial\*

**Accidents:**

Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing my son/daughter to participate in this activity, I am accepting the risk of an accident occurring, and agree that this activity, as described above, is suitable for my child.

\_\_\_\_\_ Initial\*

In signing this Consent and Waiver, I am not relying on any oral or written representation or statements made by the School Board and its servants, agents, employees, or authorized volunteers, or the Ministry of Education, to induce me to permit my child to take the trip, other than those set out in this Consent and Waiver.

\_\_\_\_\_ Initial\*

I am 19 years of age or older and have read and understand the terms of this Consent and Waiver, and understand that it is binding upon me, my heirs, executors and administrators.

\_\_\_\_\_ Initial\*

Date: September 7, 2011

**Witness must be 19 yrs of age or older!**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Name of Parent/Guardian (please print)

\_\_\_\_\_  
Name of Witness (please print)

\_\_\_\_\_  
Address

\_\_\_\_\_  
Address

NOTE: This Consent and Waiver must be signed by ALL custodial parents or guardians of a child who is under the age of 19 years.